

# GENERAL TOWN INFO - HELSINKI FINLAND

## DINNER RESTAURANTS

|                       |                                                      |
|-----------------------|------------------------------------------------------|
| STEAK/WOK/SUSHI etc.: | EATZ, MIKONKATU                                      |
| NEPAL: ☐ ☐            | HIMALAYA, RATAKATU 1, Tel (09)647 551                |
| ☐ ☐ ☐                 | SATKAR, LÖNROTINKATU 26, Tel (09)611 077             |
| MEXICAN: ☐ ☐          | CANTINA WEST, KASARMIKATU 23, Tel (09)622 0900       |
| ☐ ☐ ☐                 | COLORADO, UNIONINKATU 30, Tel (09)622 1622           |
| ☐ ☐ ☐                 | SANTA FE, ALEKSANTERINKATU 15, Tel (09)179 011:      |
| STEAK: ☐ ☐            | MANHATTAN STEAK HOUSE, ETELÄESPA 24, Tel (09)611 217 |
| CHINESE: ☐ ☐          | NANKING, KALEVANKATU 28, Tel (09)694 0338            |
| PIZZA: ☐ ☐            | MANALA, DAGMARINKATU 2 Tel(09) 5807 7707             |
| INDIAN: ☐ ☐           | NAMASKAAR, BULEVARDI 6, Tel (09)6220 115             |

## GENERAL GOOD SIMPLE FOOD (OPEN -> 00-02):

|                     |                                         |
|---------------------|-----------------------------------------|
| SALVE: ☐ ☐          | 200M FROM NOSTURI - ASK ANYBODY         |
| ILVES: ☐ ☐          | URHO KEKKOSENKATU 4-6, Tel (09)694 8388 |
| TAPASTA: ☐ ☐        | UUDENMAANKATU 13, Tel (09)640 724       |
| CAFE BAR NRO 9: ☐ ☐ | UUDENMAANKATU 9, Tel (09)621 4059       |
| BALI HAI: ☐ ☐       | ISO-ROOBERTINKATU 35 (09) 179 904       |
| ZETOR: ☐ ☐          | MANNERHEIMINTIE 3-5, Tel (09)666 966    |

## CLUBS, BARS AND SOMETIMES EVEN FOOD (OPEN -> 02/03)

|                                   |                                         |
|-----------------------------------|-----------------------------------------|
| NOSTURI: ☐ ☐ ☐                    | TELAKKAKATU 8, Tel. (09)68 11 880       |
| TAVASTIA & ILVES & SEMIFINAL: ☐ ☐ | URHO KEKKOSENKATU 4-6, Tel (09)694 8511 |
| CORONA ☐ ☐ ☐                      | EERIKINKATU 11, Tel (09)642 002         |
| KUJDES LINJA ☐ ☐ ☐                | HÄMEENTIE 13, Tel 0449174330            |
| WE GOT BEEF ☐ ☐ ☐                 | ISO-ROOBERTINKATU 21, Tel (09)679280    |

## QUALITY BEERS (OPEN -> 02/03):

|                       |                                       |
|-----------------------|---------------------------------------|
| PUNAVUOREN AHVEN: ☐ ☐ | PUNAVUORENKATU 12, Tel (09)478 033 50 |
| WILLIAM K: ☐ ☐        | ANNANKATU 3, Tel (09)680 2562         |
| ☐ ☐ ☐                 | TENNISPALATSI                         |

## NIGHT CLUBS (OPEN -> 04)

|                          |                                   |
|--------------------------|-----------------------------------|
| ON THE ROCKS: ☐ ☐        | MIKONKATU 15, Tel (09)612 2030    |
| MANALA: ☐ ☐              | DAGMARINKATU 2, Tel (09)5807 7707 |
| LOST & FOUND: ☐ ☐        | ANNANKATU 6, Tel (09)680 1010     |
| DTM: ☐ ☐ ☐               | ISO-ROOBERTINKATU 28 (09) 676 315 |
| REDRUM: ☐ ☐ ☐            | VUORIKATU 2                       |
| STORYVILLE JAZZ CLUB ☐ ☐ | MUSEOKATU 8, Tel (09)408 007      |

## ROCK BARS

|                           |                                    |
|---------------------------|------------------------------------|
| LOOSE ☐ ☐ ☐               | FREDRIKINKATU 34, Tel (09)5861 819 |
| BELLY: ☐ ☐ ☐              | UUDENMAANKATU 16, Tel (09)644 981  |
| INFERNO (NIGHT CLUB): ☐ ☐ | ANNANKATU 10 045 1133 800          |
| NIGHTLIFE ROCK: ☐ ☐       | LÄNT. BRAAHENKATU 2                |
| HEVIMESTA: ☐ ☐ ☐          | HALLITUSKATU 3                     |
| THE ROCK BAR: ☐ ☐ ☐       | BULEVARDI                          |

## ICEHALLS & ARENAS

|                      |                                              |
|----------------------|----------------------------------------------|
| HARTWALL AREENA: ☐ ☐ | VETURITIE 13, Tel 020 419 4101               |
| JÄÄHALLI ☐ ☐ ☐       | NORDENSKIÖLDINKATU 11, Tel (09)4778 3222     |
| LÄNSIAUTO AREENA ☐ ☐ | URHEILUPISTONTIE 2, ESPOO, Tel (09)8565 0404 |
| OLYMPIASTADION ☐ ☐   | Tel (09)436 6010                             |

## RECORD SHOPS

|                      |                                        |
|----------------------|----------------------------------------|
| MUSIC HUNTER: ☐ ☐    | Unioninkatu 45, (09) 6220 0334         |
| GOOFIN RECORDS: ☐ ☐  | Hämeentie 46, (09) 7733113             |
| STUPIDO SHOP: ☐ ☐    | Iso Roobertinkatu 20-22,(09) 646990    |
| LEVYKAUPPA ÄX        |                                        |
| TUNNELIN LEVY: ☐ ☐   | Kaivokatu 10, (09) 635363              |
| BLACK AND WHITE: ☐ ☐ | 2. linja 1, (09) 7013027, (09) 7260431 |
| POPPARIENKELI: ☐ ☐   | Fredrikinkatu 12, (09) 661638          |

## FEDEX

|              |                                                             |
|--------------|-------------------------------------------------------------|
| ☐ ☐ ☐        | Helsinki-Vantaa airport Kiitoradantie 7, 8:00-17:00 Mon-Fri |
| UPS ☐ ☐ ☐    | Niittytie 2301300 Vantaa: 0800 1 877 877 ☐                  |
| POSTI: ☐ ☐ ☐ | Kankurinkatu 0200 71000                                     |
| DHL: ☐ ☐ ☐   | Katriinantie 14-16 01530 Vantaa 020 5333                    |

## MONEY EXCHANGE

|              |                                                            |
|--------------|------------------------------------------------------------|
| FOREX: ☐ ☐ ☐ | Mannerheimintie 10, 020 7512 530 Open 09-17 mon-fri        |
| TAVEX: ☐ ☐ ☐ | Fabianinkatu 12,09- 68 149 149 Open 09-18 mon-fri 10-16sat |

## GYM

|                         |                                             |
|-------------------------|---------------------------------------------|
| FINNBODY - RÖÖPELI: ☐ ☐ | Pursimiehenkatu26c, 8th floor, 040 709 2279 |
|-------------------------|---------------------------------------------|

## MASSAGE

|                       |                          |
|-----------------------|--------------------------|
| HELSINKI DAY SPA: ☐ ☐ | Erottaja 4, (09) 685 063 |
|-----------------------|--------------------------|

## MUSIC SHOPS

|                               |                                         |
|-------------------------------|-----------------------------------------|
| ARON MUSIIKKI: ☐ ☐            | Fredrikinkatu 55, Tel (09)694 3418      |
| MUSAMAAILMA: ☐ ☐              | Malminkatu 16, Tel (09)5627 1240        |
| KITARAPAJA / BASS CENTER: ☐ ☐ | Kirjatyöntekijänkatu 4, Tel (09)1351951 |
| F-MUSIIKKI: ☐ ☐               | Kaisaniemenkatu 7, Tel (09)618511       |
| SOITIN HUTTUNEN: ☐ ☐          | Caloniuksenkatu 3, Tel (09)447685       |
| DLX: ☐ ☐ ☐                    | Albertinkatu 29, Tel 0207 282250        |

## PLACES

|                               |                                                         |
|-------------------------------|---------------------------------------------------------|
| "CHURCH OF DOOM" TUOMIOKIRKKO | Senaatintori                                            |
| LINNANMÄKI, ☐                 | TIVOLIKUJA 1, Tel (09)7739 9400 (amusement park)        |
| SUOMENLINNA, ☐                | AIKATAULUNEUVONTA 0100 111 (fortress islands)           |
| KORKEASAARI, ☐                | Tel 0600 95911 (zoo)                                    |
| KAUPUNGINMUSEO, ☐             | SOFIANKATU 4, Tel (09)169 3933 (city museum)            |
| UIMASTADION, ☐                | HAMMARSKIÖLDINTIE, Tel (09)3108 7854 (outdoor swimming) |
| KAIVOPUISTO ☐                 | ("central park" of Helsinki)                            |

## LINKS

|                    |                                      |
|--------------------|--------------------------------------|
| CAB, ☐ ☐ ☐         | Tel 0100 700                         |
| 8 PERS. CABS, ☐ ☐  | Tel 0200 6060                        |
| HELSINKI-INFO, ☐   | POHJOISESPANADI 19, Tel (09)169 2278 |
| RAILWAY, ☐ ☐       | Tel 0307 20900                       |
| BUSSES, SUBWAYS, ☐ | Time-table info, Tel 0100 111        |

## HOSPITALS

|                    |                                                  |
|--------------------|--------------------------------------------------|
| MEHILÄINEN, ☐ ☐    | POHJ. HESPERIANKATU 17 A, Tel 010 4144 210       |
| MARIAN SAIRAALA, ☐ | LAPINLAHDENKATU 16, Tel (09)3106 3231 (communal) |
| DIACOR, ☐ ☐        | ALPKIKATU 2, Tel (09)775 088                     |

## PHARMACY

|                               |                                 |
|-------------------------------|---------------------------------|
| YLIOPISTON APTEEKKI 24/7: ☐   | Mannerheimintie 96              |
| PHARMACY S-MARKET TELAKKAKATU | (on the other side of the road) |

WHEN CALLING FROM OUTSIDE HELSINKI, FROM MOBILE PHONE OR FROM FOREIGN OPERATOR DIAL + 358 IN FRONT OF THE NUMBER

ASK MORE DETAILED INFO FROM YOUR HOST OR VENUE MANAGER

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